



Symptom Free School Protocol

Students, Staff, Volunteers, and Visitors:

If you are experiencing one or more of these symptoms* stay home, and do not go to school or report to work:



- Temperature of 100 or greater
- Cough or Sore Throat
- Shortness of Breath
- Chills, Muscle Pain
- Runny or Stuffy Nose
- Headache, Vomiting, Diarrhea, Nausea, or Abdominal Pain
- New Loss of Taste or Smell
- New undiagnosed or untreated rash or skin condition
- You are taking first 24 hours of antibiotic treatment



**ALL COVID-19 TESTS MUST BE PCR OR MOLECULAR TESTS
ANTIGEN OR ANTIBODY TESTS WILL NOT FULFILL THE TESTING REQUIREMENT**

When to Return to School after Illness:

- If you have been tested and are diagnosed with COVID19, you may return to school no sooner than 10 days after the onset of symptoms, or the date you took the test that was returned positive, whichever is earlier, and you have been symptom free for 24 hours without medication.
- If you have COVID19-like symptoms but choose not to be tested, you may return to school no sooner than 10 days after the onset of symptoms AND you must be fever-free for 24 hours without taking any medicine to reduce the fever AND you must be free of cough, cold, or other symptoms for 24 hours, without taking medication to reduce symptoms.
- If you have COVID19-like symptoms, are tested and receive a negative test result, you may provide the test results and return to school no sooner than 24 hours after you are symptom free without medication.

**Exceptions for preexisting conditions will be determined and potentially approved by the school nurse or administrator*

KPBSD and COVID19 web hub: covid19.kpbsd.org

State of Alaska Health and Social Services: <http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19> CDC: <https://www.cdc.gov/coronavirus>