



Kenai Peninsula Borough School District

CLOSE CONTACT

Monitor, Test, and Stay Protocol

Effective Monday, November 29, 2021; updated January 10, 2022

Staff and students who are identified as a close contact have an option to continue attending school or work in a KPBSD school if they are symptom free from illness, and follow the KPBSD Monitor, Test, and Stay Protocols:

MONITOR

1. **Be symptom free from illness** (asymptomatic) through Day 10, and isolate at home if symptoms develop. Day 0 is last day of contact with someone who is COVID-19 positive. Any new or ongoing exposure to others with COVID-19 may increase required length of monitor, test, and mask to attend school in-person.

TEST

2. **Two negative COVID-19 tests:** Get an approved Covid-19 test after notification of exposure, and a second test during Day 5-7. Covid-19 tests can be administered by KPBSD but will require parental consent. Other options* to test include at-home kits, and community locations.

STAY

3. **Wear a face covering in school at all times through Day 10.** When close contacts cannot wear a face covering (i.e., when eating or drinking) they should maintain a minimum of six feet of distance from other individuals to every extent possible.

Athletes: In addition to the above three protocols, to continue to participate in school sponsored co-curricular activities, athletes must also continue Daily Symptom Check Protocols. Close Contacts should quarantine when not attending school or KPBSD sponsored activities. Individuals with up-to-date recommended vaccines who have completed the primary series, plus boosters or additional doses should refer to the updated CDC guidelines for quarantine.

When a student or staff member is identified as a close contact in a KPBSD setting, the school nurse, principal, or person who calls will explain the Monitor, Test, and Stay option. Staff and students who choose this option must—Monitor, Test, and Stay with consistent and correct masking.

Close contacts with no symptoms of illness may also choose to follow CDC and State of Alaska quarantine guidance

LINKS

- [*COVID-19 Testing options](#)
- Free COVID-19 vaccinations are available for everyone age 5 and older. Find a location near you: <https://dhss.alaska.gov/dph/epi/id/pages/covid-19/VaccineAppointments.aspx>
 - KPBSD [Close Contact webpage](#) or covid19.kpbsd.org